

Your
journey
starts
here.

 Health

UNIVERSITY OF MIAMI HEALTH SYSTEM

Welcome to UHealth

THE UNIVERSITY OF MIAMI HEALTH SYSTEM

We are an integrated health system that transforms health care,
advances medical education, expands the boundaries of discovery,
and creates hope for those we serve.

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Welcome to 5 to Thrive

This exciting initiative will optimize patient access and the patient experience, ensure that our medical center is a great place to work, and facilitate our continued growth and success. We have selected five key areas and goals that, when achieved, will provide the foundation necessary for UHealth to continue to reach its full potential as a preeminent health system for the 21st century. 5 to Thrive is a commitment to excellence!

PEOPLE - We are committed to bringing together the most compassionate and skilled health care providers, creating an optimum work environment that makes UHealth an employer of choice in our community.

SERVICE - We are committed to exceeding our patients' expectations throughout the care process, from making the initial appointment through their clinic visit or hospitalization to aftercare interactions with us.

QUALITY - We are committed at every point in every day to delivering a patient experience and clinical outcomes that are unmatched.

GROWTH - We are committed to expanding and increasing clinical services to make superb health care more convenient and available to our growing patient population.

FINANCE - We are committed to continuous investment in growing and improving clinical programs and services to better care for our patients.

These are ambitious, important, and achievable goals for us, and will require our collective commitment in order to meet our shared vision for true pre-eminence, where outstanding and innovative care is linked to a superb patient experience. All of us at UHealth are involved in this process, which will be transformative for our medical center. I invite you to join us on this journey.

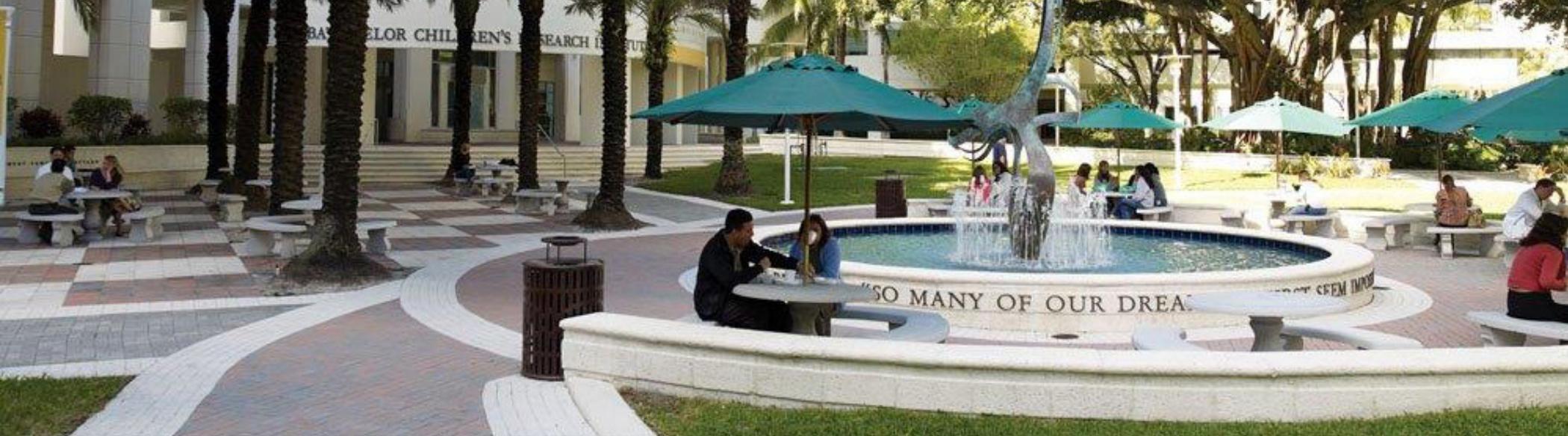
We welcome your input, fivetothrive@med.miami.edu.

Sincerely,



Edward Abraham, M.D.

Executive Vice President for Health Affairs and CEO, UHealth



The mission of the University of Miami is to transform lives through education, research, innovation, and service.

Values

Diversity | Integrity | Responsibility | Excellence | Compassion | Creativity | Teamwork

UHealth Mission

The mission of the University of Miami Health System and Leonard M. Miller School of Medicine is to be a state-of-the-art academic medical center that serves the South Florida community and beyond. This will be accomplished by:

- Delivering high-quality, compassionate health care
- Leading life-changing discoveries and transforming patient care through innovative research
- Educating the next generation of medical leaders
- Promoting the health and well-being of our community
- Nurturing diversity, equity, and inclusivity

Before your first day

On your first and second days

CREATE A CANE ID

Visit workday.miami.edu to create a CaneID and password.

PROTECT YOUR CANE ID

Complete Multi-Factor Authentication at caneid.miami.edu to ensure additional protection of your new CaneID.

LEARN ABOUT UHEALTH

Visit firstdays.miami.edu to learn more about working at UHealth.

ORIENTATION DAYS

On your first day, you will attend **I am the U**, an all-day orientation experience where you will be immersed in the U's history and culture while meeting fellow new employees.

WHEN? Refer to your offer letter

WHERE? Coral Gables campus

Parking for the day will be complimentary. You will receive specific parking instructions based on your orientation location. If you have any dietary restrictions, please send an email to IAmtheU@miami.edu. For your comfort, plan to bring a light sweater or jacket.

On day two of work, new employees for our medical enterprise will attend "**UHealth Orientation**" which is the official welcome to the UHealth/Miller School of Medicine. The program will introduce you to the UHealth/Miller School of Medicine rich history and traditions, as well as introduce our commitment to our patients and families' experience and care along with our research through our mission, values, service standards, and expectations.

During your first week

GET A PARKING PERMIT

Register your car and purchase a parking permit. View the menu of options at security.med.miami.edu/parking-transportation.

LEARN ABOUT YOUR BENEFITS

Sign up for a benefits webinar online at firstdays.miami.edu.

GET YOUR BENEFITS

Make your benefit elections within 15 days of hire at workday.miami.edu.

KNOW WHAT TO EXPECT

Meet with your supervisor to familiarize yourself with the workplace and discuss your job role, performance expectations/goals, and any required training.



Your UHealth experience

ABOUT UHEALTH

The University of Miami Health System delivers leading-edge patient care by the region's best doctors, powered by the groundbreaking research and medical education of the University of Miami Leonard M. Miller School of Medicine. As South Florida's only university-based health system, UHealth is a vital component of the community.

UHealth combines patient care, research, and education to create a frontline approach to health care. Within the UHealth system, patients can participate in clinical trials and benefit from the latest developments that are fast-tracked from the laboratory to the bedside.

UHealth's comprehensive network includes three in-patient facilities, and more than 30 outpatient facilities in Miami-Dade, Broward, Palm Beach, and Collier counties, and more than 1,200 physicians and scientists.



FIND HELP WHEN YOU NEED IT

UHealth is a large place, but luckily there are people here dedicated to helping you do your best work.

SAFETY AND SECURITY

Your safety is our top priority. During your first week, you should log in to Workday to ensure that your contact information is correct and up to date. UM's Emergency Notification Network (ENN) sends you important alerts, including messages that significantly threaten the health and safety of persons on campus, or that impact normal campus operations.

HR PARTNERS

Each department and division has a dedicated HR partner. Find your HR partner at hr.miami.edu. This is your go-to person for questions about career advancement and development, as well as things like vacation time, policies, and performance management.

INFORMATION TECHNOLOGY

Information Technology has various software programs to help you get the job done, and a 24-hour help desk for assistance. Visit it.miami.edu for more information.



What's happening at UHealth?

STAY CONNECTED

For news and happenings across all campuses look for News@TheU daily in your inbox. Check out the news.miami.edu/lifeattheu and follow Life@TheU on social media for faculty and staff news you can use.

UHealth faculty and staff may also follow the social media accounts below and receive bi-weekly updates through InventUM, a UHealth-focused newsletter.



[@lifeattheu](https://twitter.com/lifeattheu)

[@umiamihealth](https://twitter.com/umiamihealth)

[@umiamimedicine](https://twitter.com/umiamimedicine)

news.miami.edu/lifeattheu

Your UHealth Total Rewards

UHealth Total Rewards

From paid time off and tuition benefits to great health care, retirement programs, wellness offerings, and discounts, UHealth has a reward just for you. But don't just take our word for it. Read through this book to see why so many are proud to call UHealth their home.

BENEFITS BEYOND EXPECTATIONS

- Paid Parental Leave Program for staff, which includes two weeks of paid time off for the birth or adoption of a child
- Voluntary excess life insurance equal to one to six times your base annual salary, up to a maximum of \$1.5 million
- Voluntary disability plan options available
- \$5 visits to the UHealth Clinic at Walgreens for UM/Aetna members

PAID TIME OFF

Combines all time off into a single, convenient bank which accrues biweekly. An additional Extended Illness Bank accrues for use during an approved medical leave of absence.

*Total annual accrual column on the chart on the right reflects total annual accrual for full time employees.

Time Off Accrual	
Years of Service	Total Annual Accrual*
0-.99	23 days
1-1.99	24 days
2-2.99	25 days
3-3.99	29 days
4-4.99	30 days
5-5.99	30 days
6+	33 days

Benefits dates and deadlines

UHEALTH BENEFIT	ELIGIBILITY/EFFECTIVE DATE	ENROLLMENT DEADLINES	
Medical/Dental Insurance	Start date	Enroll in Workday within 15 days from start date	<input type="checkbox"/>
Flexible Spending Accounts	1st of the month following date of hire	Enroll in Workday within 15 days from start date	<input type="checkbox"/>
Voluntary Retirement Savings Plan 403(b)	Eligible upon hire	Enroll today at netbenefits.com/um	<input type="checkbox"/>
UHealth Retirement Savings Plan	After one year of employment	Automatically enrolled after meeting eligibility requirements.	<input type="checkbox"/>
Group Life Insurance	Start date	Automatically enrolled. Designate beneficiaries in Workday.	<input type="checkbox"/>
Group AD&D	Start date	Automatically enrolled. Designate beneficiaries in Workday.	<input type="checkbox"/>
Voluntary Life Insurance	Start date	Enroll in Workday within 30 days from start date for guaranteed issue amount	<input type="checkbox"/>
Voluntary AD&D	Start date	Enroll in Workday within 30 days from start date	<input type="checkbox"/>
Long-Term Care Insurance	1st of the month following date of hire	Enroll in Workday within 30 days from start date for guaranteed issue amount	<input type="checkbox"/>
Short-Term Disability	1st of the month following date of hire	Enroll in Workday within 15 days from start date	<input type="checkbox"/>
Long-Term Disability	1st of the month following date of hire	Enroll in Workday within 15 days from start date	<input type="checkbox"/>
Tuition Benefits	See page 37 for more information.	Anytime	<input type="checkbox"/>
Metlaw Legal Plan	1st of the month following date of hire	Enroll in Workday within 15 days from start date	<input type="checkbox"/>

ID CARDS

You will receive your medical and dental ID cards at the address on file with UHealth within 14 days from the date you enroll.

How to Enroll

DESIGNATE A BENEFICIARY

UHealth provides life insurance, accidental death and dismemberment, long-term disability, and a one month's pay death benefit to you at no cost. All you need to do is designate and keep your beneficiary information up to date in your Workday benefits worklet.

NEED TO MAKE A CHANGE?

After you elect benefits upon hire, changes to your medical, dental, and flexible spending accounts can be made in Workday during annual Open Enrollment or when you experience a qualifying status change. Qualifying status change (QSC) events include marriage or divorce, birth or adoption of a child, death of a covered dependent, and change in insurance eligibility for a dependent. To learn more about QSC events and the documentation required to make this change, please visit benefits.miami.edu.

REVIEW

Review this guide and the information that will be provided to you during the benefits webinar. You can register for the benefits webinar online at firstdays.miami.edu.

COMPLETE

Complete your enrollment online at workday.miami.edu. Go to your Workday Inbox and select Benefit Change: New Hire.

If you add a dependent to your benefit elections, you are required to upload a copy of the following documents in Workday as proof of your dependent relationship, prior to submitting your final elections:

- Marriage certificate for spouse
- Birth certificates for children
- Final adoption papers for children

ELIGIBILITY

Your eligible dependents include:

- Your legal spouse
- Your dependent child up to age 26

Your dependent children include:

- Your natural child
- Your stepchild
- Your legally adopted child (or child placed with you for legal adoption)

Medical plan premiums and options

	AETNA SELECT 1	AETNA SELECT 2	AETNA HEALTH REIMBURSEMENT ACCOUNT
Employee Only	\$97.85	\$44.31	\$16.15
Employee + Child	\$201.23	\$95.50	\$69.23
Employee + Children	\$245.54	\$144.00	\$103.85
Employee + Spouse	\$334.62	\$165.69	\$126.92
Employee + Family	\$372.00	\$180.92	\$145.38

NOTE: All biweekly premiums shown are for full-time employees who are non-smokers and whose spouses do not have access to employer-sponsored health insurance.

There is a \$161.54 biweekly spousal surcharge, which allows you to cover a spouse who has access to their own employer-provided medical plan. Before making your decision, we encourage you and your spouse to carefully consider the benefits of UHealth’s plan against your spouse’s own employer-provided plan. If your spouse does not have access to employer-provided medical insurance, please indicate this in Workday to avoid the monthly \$161.54 biweekly spousal surcharge.

There is a \$46.15 biweekly smokers surcharge, which applies to each adult smoker (employee and/or spouse) covered under the UM/Aetna medical plan. Through the BeSmokeFree program, you can get the help you need to quit smoking for free. Visit miami.edu/besmokefree for details. If you and/or your spouse do not smoke, please indicate this in Workday to avoid the \$46.15 per person biweekly surcharge for both you and your spouse.

MEDICAL PLAN SUMMARY

All three medical plans cover the same services.

The only differences are your monthly plan premiums, copays, and deductibles.

	AETNA SELECT 1	AETNA SELECT 2	AETNA HEALTH REIMBURSEMENT ACCOUNT
Monthly premium	\$\$\$	\$\$	\$
Deductible	\$200 per person	\$300 per person	\$1,500 per person
National network (all 50 states)	● Aetna Select (Open Access)	● Aetna Select (Open Access)	● Choice POS II (Open Access)
No primary care physician election required	●	●	●
No referrals to specialists required	●	●	●
Prescription drug coverage included	Through OptumRx	Through OptumRx	Through OptumRx
Lower copays when using UM doctors at UHealth facilities	●	●	●
Copays apply for most non-preventive care services	●	●	●
Preventive care services covered at 100 percent	●	●	●
High-end imaging services (coverage exceptions apply)	Only at UHealth	Only at UHealth	Only at UHealth
Out-of-network benefits*			●
Rollover Health Reimbursement Account fund			Administered by WageWorks
Coinsurance applies (certain services)			●
Worldwide emergency coverage	●	●	●
Mental health coverage	Through Carisk	Through Carisk	Through Carisk

*You have the option of using an out-of-network provider. Charges will be subject to balance billing.

● **Applies**

MEDICAL PLAN COMPARISON CHART

Network	AETNA SELECT 1		AETNA SELECT 2		AETNA HRA		
	Aetna Select (Open Access)		Aetna Select (Open Access)		Aetna Choice POSII (Open Access)		
Plan Provisions	UM Providers ¹	In-Network	UM Providers ¹	In-Network	UM Providers ¹	In-Network	Out-of-Network ²
Health Reimbursement Account (HRA) Fund Per Member³	\$400 up front per member (up to \$1,200 per family)						
Deductible applies to all services below except preventive care.							
Calendar Year Deductible - Individual	\$200		\$300		\$1,500		\$3,000
Calendar Year Deductible - Family	\$600		\$900		\$4,500		\$9,000
Preventive Care	\$0	\$0	\$0	\$0	\$0	\$0	Not Covered
Primary Care Physician	\$15	\$20	\$20	\$25	\$15	\$20	30%
Specialist	\$25	\$50	\$35	\$60	\$20	\$55	30%
Maternity (Office Services)	\$25	\$50	\$35	\$60	\$25	\$50	30%
Allergy Injection (per visit)	\$5	\$5	\$5	\$5	\$5	\$5	30%
Hospital Expenses							
Inpatient ⁴	\$150/day, maximum \$750 per admission	\$250/day, maximum \$1,250 per admission	\$200/day, maximum \$1,000 per admission	\$300/day, maximum \$1,500 per admission	\$100/day, maximum \$500 per admission	\$200/day, maximum \$1,000 per admission	30%
Emergency Room ⁵	\$200	\$200	\$250	\$250	\$250	\$250	\$250
Urgent Care	\$100	\$100	\$100	\$100	\$100	\$100	30%
Ambulance	N/A	\$0	N/A	\$0	N/A	0%	20%
Outpatient Services							
Surgery	\$100	\$150	\$100	\$250	\$50	\$150	30%
High-End Imaging ⁶	\$150	See note below	\$150	See note below	\$100	See note below	See note below
Low-End Imaging	\$0	\$30	\$0	\$50	\$0	\$40	30%
Lab Work	\$0	\$0	\$0	\$0	\$0	\$0	30%
Outpatient Therapy	\$15	\$20	\$20	\$25	\$15	\$20	30%
Outpatient Chemotherapy and Radiation							
Facility	\$0	\$40	\$0	\$40	\$0	\$40	30%
Physician	\$0	\$0	\$0	\$0	\$0	\$0	30%
Medical, Rx, Mental Health Out-of-Pocket Maximum							
Individual	\$3,000		\$4,000		\$4,000		\$8,000
Family	\$9,000		\$12,000		\$12,000		\$24,000

1. A UM physician, UM facility, or Jackson Health System facility.
2. You have the option of using an out-of-network provider, but your charges will be subject to balance billing.
3. The first \$400 of eligible medical and Rx expenses are covered by the HRA fund with the exception of Carisk copays. Preventive care services will not be deducted from the \$400 HRA fund.
4. Inpatient hospital services include semiprivate room, ancillary service, physician fees/visits, and inpatient surgery.
5. Emergency room copay is waived if admitted to the hospital.
6. Coverage for high-end imaging (MRI, PET, and CT scans) is available exclusively at UHealth. Coverage is available outside of UHealth only under certain circumstances such as imaging for children ages 13 and under, imaging performed outside of Miami-Dade/Broward counties, within an emergency room or during an inpatient hospital stay, concurrent with radiation therapy for daily placement, or when open or standing MRI is required.

Out-of-Area HRA plan: If your home address is outside of Miami-Dade/Broward counties, this plan will appear in Workday as an option for you.

In the Out-of-Area HRA plan, you will pay the lower UHealth copay at any Aetna network provider.

Save money on healthcare

If you don't have to pay the highest premium for your health care plan, don't. All three of the UM/Aetna health care plans offer the same benefits. The only difference is the monthly premium and how you pay for eligible medical expenses. If you need help comparing the plans, call the Total Rewards team at 305-284-3004.

Take advantage of **free in-network preventive care screenings**, from well-child visits to annual physicals, well woman exams, and colonoscopies. They may not be fun, but at least they're free, and they may help spot something before it becomes a problem.

Ask **"are you in-network?"** By using practitioners who are in-network, you can be sure to pay your copay and deductible, and not a penny more. Also make sure the lab and specialists you visit are in-network, even if your in-network practitioner refers you to them. Aetna plan members can visit UHealth and Quest labs for routine tests and blood work for free.

Get a **free flu shot** to minimize your chances of getting sick. Free flu shots are offered during flu season at the annual Total Rewards fairs, Healthy 'Canes Employee Clinics, and UHealth at Walgreens.

WELL 'CANES IN-NETWORK PREVENTIVE CARE

FREE PREVENTIVE SERVICE	COVERAGE
Adult Annual Physicals/Labs	Annual exam after age 18
Well Child Care	All well-child visits through age 18
Routine Immunizations	Visit cdc.gov/vaccines/schedules for vaccination guidelines
Immunizations for Foreign Travel	To view the list, visit cdc.gov/travel
HPV Vaccine	Three doses
Well Woman Visit	Annual exam and pap smear
Women's Coverage	Covers certain oral contraceptives at no cost, along with free breastfeeding supplies
Breast Cancer Screening*	One screening or diagnostic mammogram annually, including breast ultrasound, based on doctor's recommendation
Prostate Cancer Screening*	Prostate Specific Antigen and Digital Rectal Examination annually, based on doctor's recommendation
Osteoporosis Screening*	Bone densitometry every two years, based on doctor's recommendation
Colorectal Cancer Screening*	Annual colonoscopy, fecal occult blood test, flexible sigmoidoscopy, or double barium enema, based on doctor's recommendation
Skin Cancer Screening	Annual skin screening exam with a UHealth dermatologist. Call 305-243-6704 to make an appointment.
Annual Eye Exam	Annual eye exam with an Aetna/EyeMed or Bascom Palmer Eye Institute optometrist or ophthalmologist

* These screenings are available at any age based on doctor's recommendation.

NOTE: The preventive care services listed above are free when using a UHealth or in-network provider. Skin cancer screening is covered only at UHealth. This table is only a summary. Please visit [healthcare.gov/coverage/preventive-care-benefits](https://www.healthcare.gov/coverage/preventive-care-benefits) for a complete list of preventive care services.

Prescription Drugs

Prescription drugs are covered in the UM/Aetna medical plan through OptumRx. Once enrolled in the UM/Aetna medical plan, you will receive a joint Aetna/OptumRx medical ID card. This card should be used when picking up your prescriptions. Each medical plan covers the same prescription drugs, and costs are determined by the four-tier structure below. If the cost of the prescription is less than the copay, you pay the lesser amount.

In the HRA plan, copays apply only after you have met your deductible.

Visit [OptumRx.com](https://www.optumrx.com) to view a list of covered drugs and costs.

Tier	Cost	Description
Tier 1	\$10	Covered preferred generic medications (not self-injectable)
Tier 2	\$45	Covered preferred brand name medications (not self-injectable)
Tier 3	\$75	Covered non-preferred generic and brand-name medications (not self-injectable)
Tier 4	\$100	Preferred and non-preferred self-injectable drugs covered by prescription benefits. Insulin is covered under Tiers 1, 2, and 3 (tier depends on type).

If you are taking a maintenance medication — any medication taken in the same dosage for more than 90 days — you can save money and avoid a penalty by filling your prescription in a 90-day supply at a Walgreens retail pharmacy or through OptumRx Home Delivery.

If you fill your maintenance medications monthly (in 30-day increments), your copay will increase by 2½ times after the second filled 30-day prescription. See below.

Tier 2 Rx Example	Local Retail Pharmacy (Monthly Cost, 30-Day Supply)	OptumRx Home Delivery or Local Walgreens Pharmacy (Average Monthly Cost, 90-Day Supply)
First 30-Day Fill	\$45.00	\$37.50
30-Day Refill #1	\$45.00	\$37.50
30-Day Refill #2	\$112.50	\$37.50

NOTE: Cost increase reflects permanent change in copay for this and all additional refills of the same medication for 30-day supplies at a local retail pharmacy. 90-day supplies can be obtained only at Walgreens or through OptumRx Home Delivery. If the cost of your medication is lower than the copay, you pay the lower cost.

**Save money
and avoid higher
copays by filling
your maintenance
medications at
Walgreens or
through OptumRx
Home Delivery.**

Health Reimbursement Account

FLEXIBLE SPENDING ACCOUNTS

Enrolling in a flexible spending account is a smart way to budget for expenses such as child care, prescription drugs, or contact lenses. You can allocate your eligible expenses over 12 months and save up to \$25 on every \$100 spent because you are paying with pre-tax dollars.

HEALTH CARE FSA

Set aside pre-tax dollars to pay for your family's eligible health care expenses, up to \$2,700 per year. You will receive a WageWorks Visa card in the mail for use on eligible health care expenses at approved merchants, including pharmacies, physicians' offices, and hospitals.

DEPENDENT CARE FSA

Set aside pre-tax dollars to pay for eligible dependent day care (or night care) costs, including care for elderly parents, up to \$5,000 per year (based on tax filing status). The maximum election for employees earning \$115,000 or more is \$2,500 per year.

If married, both you and your spouse must be working in order for dependent care expenses to be reimbursable. Eligible dependents include your child or stepchild (under the age of 13), a child of any age who is physically or mentally incapable of caring for themselves, or elderly persons who are financially dependent upon you.

Visit wageworks.com for more information and to confirm dependent and expense eligibility.

2019 DEADLINES	HEALTH CARE FSA	DEPENDENT CARE FSA
Incur Eligible Expenses By	March 15, 2020	March 15, 2020
Submit Claims By	June 15, 2020	June 15, 2020

Note: Funds not used by the deadline dates listed above will be forfeited.

Aetna Health Reimbursement Account (HRA) medical plan participants will receive a WageWorks Visa card pre-loaded with a UHealth-provided fund (\$400 per person; up to \$1,200 per family). The funds may be used on eligible medical and pharmacy expenses.

Participants may register at wageworks.com to view their HRA fund account balance and transaction history, manage preferences, and more.

SPECIAL NOTE

If you participate in both the Aetna HRA medical plan and a health care FSA, you will receive one WageWorks Visa card with both HRA and FSA funds on the card. HRA funds will be used for eligible medical and prescription expenses before flexible spending account funds are utilized.

Understanding the HRA



UHEALTH PROVIDES A **\$400 FUND PER PERSON (MAX \$1,200 PER FAMILY)** FOR YOU TO USE ON MEDICAL AND PHARMACY EXPENSES EACH YEAR. THE FUND, ADMINISTERED BY WAGeworks, HELPS YOU PAY FOR YOUR DEDUCTIBLE (**\$1,500 INDIVIDUAL/\$4,500 FAMILY**).



EACH TIME YOU VISIT THE DOCTOR OR PHARMACY, YOU CAN PAY YOUR BILL USING THE HRA FUNDS ON YOUR WAGeworks VISA CARD. (YOU WILL BE BILLED AT THE NEGOTIATED RATE.)



ONCE YOUR FUND IS DEPLETED, YOU PAY THE NEGOTIATED RATES FOR YOUR MEDICAL AND PHARMACY EXPENSES ON YOUR OWN UNTIL YOUR DEDUCTIBLE IS MET.



ONCE YOUR DEDUCTIBLE IS MET, YOU PAY COPAYS FOR YOUR MEDICAL AND PHARMACY EXPENSES.

Note: If you participate in a health care FSA, you can use your FSA dollars (pre-loaded onto your WageWorks Visa card) to help pay for medical and pharmacy expenses after your HRA funds are depleted.

Dental Plan Options

UHEALTH DENTAL

UHealth’s renowned Division of Oral and Maxillofacial Surgery and General Dentistry provides comprehensive general dentistry as well as a full range of oral and maxillofacial care at UHealth Tower. Services include routine dental examinations, cleanings, fillings, dentures, wisdom teeth evaluations, dental implants, and more. Cigna and Delta Dental are accepted. To schedule an appointment, please call **305-243-CARE (2273)**.

HMO PLAN

Administered by Cigna.
 No annual benefit limit.
 In-network benefits only.
 Selection of primary care dentist required (can be different for each enrolled member).
 Primary care dentist may be changed at any time (change effective the first day of the following month).
 Locate a primary care dentist at cigna.com/dental or 1-800-CIGNA24 (244-6224).

PPO PLAN

Administered by Delta Dental.
 In-network and out-of-network benefits available.
 Participants must first meet deductible before plan pays percentage of charges.

Rate sheets for both dental plans available at benefits.miami.edu.

BIWEEKLY PLAN PREMIUMS	CIGNA HMO	DELTA DENTAL PPO
Employee Only	\$6.32	\$19.75
Employee + Child	\$14.18	\$48.30
Employee + Children	\$15.86	\$54.19
Employee + Spouse	\$12.91	\$46.02
Employee + Family	\$23.42	\$75.19

PLAN FEATURES

Primary care dentist required	●	
Referrals required	●	
National network	●	●
Out-of-network benefits		●
Deductible		●
Two free cleanings per year	●	●
Adult and child orthodontia	●	●
Maximum in-network annual benefit		● \$2,500
Maximum out-of-network annual benefit		● \$1,500

Mental Health

FACULTY AND STAFF ASSISTANCE PROGRAM

Free confidential consultations for faculty, staff, retirees, and their dependents. Sessions are conducted by Florida licensed mental health professionals who assess concerns, offer support, and recommend services that can be of help. Call 305-284-6604 or visit fsap.miami.edu for more information.

CARISK BEHAVIORAL HEALTH (Included in the UHealth medical plan)

Carisk provides members with mental health and substance abuse outpatient and inpatient treatment, and partial hospitalization. Before accessing these confidential services, authorization may be required. Call 1-800-294-8642 or visit cariskpartners.com for more information.

Vision

UHEALTH/AETNA VISION COVERAGE (Included in the UHealth medical plan)

Members receive a free annual routine eye exam with an Aetna/EyeMed or Bascom Palmer Eye Institute optometrist or ophthalmologist. Members are also entitled to discounts on lenses, frames, contacts, and LASIK surgery. Schedule your appointment with Bascom Palmer by calling 305-243-2020 or 305-243-CARE (2273). Visit aetna.com for more information about the vision benefit.

NOTE: Free annual eye exam does not cover contact lens fitting. If you are interested in contact lenses, please contact the Bascom Palmer Contact Lens Department at 305-326-6095 or any provider in the Aetna/EyeMed network.

ADDITIONAL VISION COVERAGE THROUGH VSP VISION CARE

This optional vision coverage includes an annual eye exam for \$10 from a national network of eye care providers. Lenses and frames can be purchased for \$20 each. Visit benefits.miami.edu or vsp.com for premiums and additional information.

Travel

UHEALTH/AETNA EMERGENCY COVERAGE WHILE TRAVELING

If you experience a medical emergency and need to visit an emergency room anywhere in the U.S. or around the world, your UHealth/Aetna plan provides coverage so that your final bill will be the same as your in-network emergency room copay. The same is true for emergency inpatient admissions.

TRAVEL IMMUNIZATIONS AND CONSULTATIONS

The UHealth Travel Medicine Clinic provides UHealth employees and their families with country-specific information, travel vaccines, and medications. The clinic is located at University of Miami Hospital and Clinics, 1475 NW 12 Avenue, 3rd Floor, Miami, FL 33136. Call 305-243-TRIP (8747) or visit UHealthTravel.com for clinic hours and additional information.

Healthcare at UHealth

Pay lower copays. Get world-class care.

We know that the cost of health care continues to rise so it is important that we provide plan options that offer the highest-quality care and are affordable for you and your family. You will find both of these when you choose your own colleagues for care. That's right. By choosing UHealth, University of Miami Health System providers and services, your copays and other costs decrease, and you have first-hand knowledge that you and your family are receiving the best care available in South Florida.

CARE YOU CAN TRUST

At UHealth, we have primary care, pediatricians, experts in women's health, men's health and virtually every medical specialty you might need. You know that we have the #1 eye hospital in the nation, as ranked for 17 years in a row by U.S. News and World Report, with our Bascom Palmer Eye Institute. Our ear, nose and throat experts were ranked in the top 10 by U.S. News. And it should be reassuring to know that should you need cancer care, Sylvester Comprehensive Cancer Center recently earned designation by the National Cancer Institute, placing it among the most elite cancer centers in the nation and the only NCI-designated Cancer Center in South Florida.

You'll find experts in neurology, neurosurgery, gastroenterology and cardiovascular services, including robotic and minimally invasive surgery for the heart and other organs. The Sports Medicine Institute specialists care for the Miami Marlins, and our own Miami Hurricanes, and will provide that same superb care to you and the ones you love.

COORDINATING YOUR CARE

Keeping your health care within UHealth means a more coordinated approach, as doctors can collaborate and have a clear picture of your overall health. Rest assured that we take your privacy very seriously. As our clinical staff does with all patients, your records are kept confidential and private, before, during and after your health care visits as legally required by the Health Insurance Portability and Accountability Act.

OUR GROWING NETWORK

When it comes to convenience, UHealth care is closer than you think. We are already right where you work. Besides the medical campus in downtown Miami, which is also minutes away from the Rosenstiel Marine and Atmospheric Science campus, Coral Gables campus employees have The Lennar Foundation Medical Center for care. It is home to several specialties including Sylvester, Bascom Palmer, ENT, neurology, cardiology, urology, dermatology and more, and recently won the 2019 Press Ganey Pinnacle of Excellence Award for patient satisfaction.

In addition, we have primary care, multi-specialty and Walgreens locations across Miami-Dade and Broward counties and have plans to grow in the future with our SoLé Mia project in North Miami and expansion to Doral.

We understand the importance of having a trusted relationship with a primary care provider in a convenient location. We are pleased to announce the upcoming opening of several primary care practices in convenient locations with plans to further expand in the future.

HOSPITALS, PRIMARY AND SPECIALTY CARE LOCATIONS

Broward County and Palm Beach County locations continued on next page.

MIAMI-DADE COUNTY

HOSPITALS, PRIMARY AND MULTI-SPECIALTY CARE

Bascom Palmer Eye Institute
900 NW 17th Street, Miami

Sylvester Comprehensive Cancer Center
1475 NW 12th Avenue, Miami

UHealth Sports Medicine Institute
900 NW 17th Street, Miami

UHealth Tower
1400 NW 12th Avenue, Miami

PRIMARY AND MULTI-SPECIALTY CARE

Sylvester Comprehensive Cancer Center at Kendall
8932 SW 97th Avenue, Miami

The Lennar Foundation Medical Center
5555 Ponce de Leon Boulevard, Coral Gables

- Bascom Palmer Eye Institute
- Sylvester Comprehensive Cancer Center
- UHealth Sports Medicine Institute

UHealth at Le Jeune
351 NW 42nd Avenue, Miami

UHealth at Kendall
8932 SW 97th Avenue, Miami

UHealth at South Dade
9380 SW 150th Street, Miami

UHealth Clinic at Walgreens

11690 SW 72nd Street, Miami

12295 Biscayne Boulevard, North Miami

15255 SW 137th Avenue, Miami

4010 SW 137th Avenue, Miami

4200 SW 8th Street, Coral Gables

4895 Palm Avenue, Hialeah

UHealth Obstetrics and Gynecology at Miami Gardens
14750 NW 77th Court, Miami Gardens

SPECIALTY CARE

UHealth Bariatrics Specialists at Doral
3650 NW 82nd Avenue, Doral

UHealth South Miami Dermatology
7000 SW 62nd Avenue, South Miami

COMING SOON

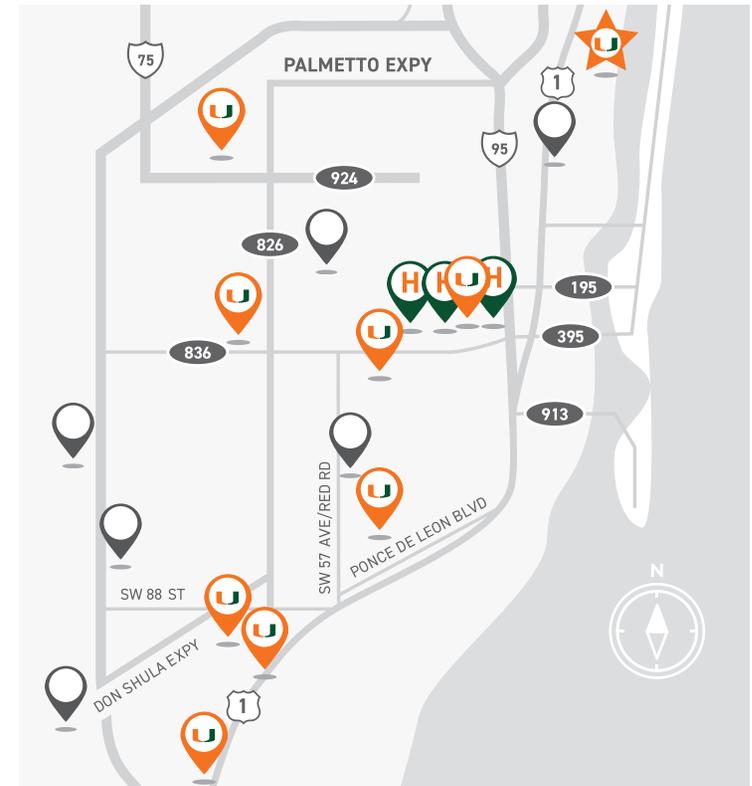
UHealth Medical Center at SoLé Mia
2111 SoLé Mia Way, North Miami

COLLIER COUNTY

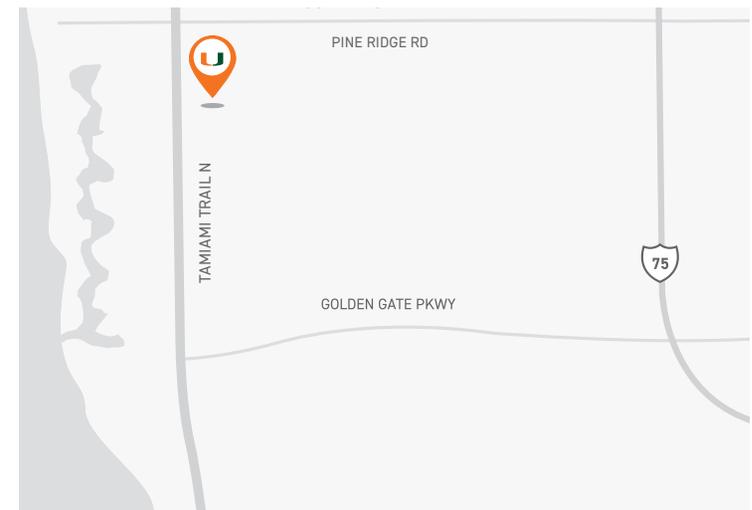
SPECIALTY CARE

Bascom Palmer Eye Institute at Naples
3880 Tamiami Trail North, Naples

MIAMI-DADE COUNTY



COLLIER COUNTY



HOSPITALS, PRIMARY AND SPECIALTY CARE LOCATIONS

Miami-Dade County and Collier County locations on on previous page.

BROWARD COUNTY

PRIMARY AND MULTI-SPECIALTY CARE

UHealth at Fort Lauderdale
4800 NE 20th Terrace, Fort Lauderdale

UHealth at Plantation
8100 SW 10th Street, Plantation

- Bascom Palmer Eye Institute
- Sylvester Comprehensive Cancer Center
- UHealth Sports Medicine Institute

UHealth at Weston
1855 N Corporate Lakes Boulevard, Weston

- UHealth Clinic at Walgreens**
- 11105 Stirling Road, Cooper City
 - 1300 E Hallandale Beach Boulevard, Hallandale Beach
 - 1751 Bonaventure Boulevard, Weston
 - 2855 Stirling Road, Fort Lauderdale
 - 4601 N State Road 7, Coconut Creek
 - 601 E Commercial Boulevard, Oakland Park
 - 8790 W McNab Road, Tamarac

SPECIALTY CARE

Sylvester Comprehensive Cancer Center at Coral Springs
8170 Royal Palm Boulevard, Coral Springs

Sylvester Comprehensive Cancer Center at Deerfield Beach
1192 E Newport Center Drive, Deerfield Beach

Sylvester Comprehensive Cancer Center at Hollywood
3850 Hollywood Boulevard, Hollywood

PALM BEACH COUNTY

PRIMARY AND MULTI-SPECIALTY CARE

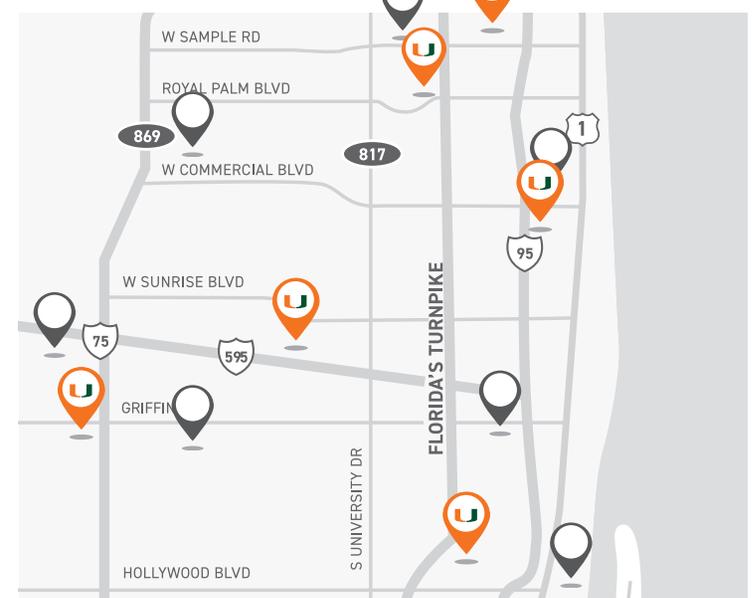
Bascom Palmer Eye Institute at Palm Beach Gardens
7101 Fairway Drive, Palm Beach Gardens

UHealth at Boca Raton
3848 FAU Boulevard, Boca Raton

UHealth at Palm Beach Gardens
3401 PGA Boulevard, Palm Beach Gardens

- UHealth Clinic at Walgreens**
- 21880 State Road 7, Boca Raton
 - 6458 Linton Boulevard, Delray Beach

BROWARD COUNTY



PALM BEACH COUNTY



PATIENT-CENTERED CARE

We are dedicated to providing patient-centered care and understand that caring extends far beyond medical services. We want you and all of our patients to know that your care, comfort and service expectations are our number one priority. In fact, UHealth is excelling nationally with top quartile rankings in patient satisfaction!

UHealth's **HCAHPS**—Hospital Consumer Assessment of Healthcare Providers and Systems—scores for overall inpatient satisfaction for likelihood to recommend rank better than 77% of national Press Ganey clients and are on the rise! Press Ganey conducts patient satisfaction surveys for UHealth and 26,000 other health care organizations across the country.

By choosing UHealth providers and services for your health care needs, you have confidence knowing that you are seeking care from recognized experts in their fields, receiving compassionate care from your colleagues and saving money!

“I know that quality and cost are two important factors when seeking health care for you and your family. What better way to lower costs and receive world-class care than right here at UHealth!”

- Dr. Edward Abraham
Executive Vice President for Health
Affairs and CEO, UHealth

HIGH-END IMAGING COVERED ONLY AT UHEALTH

Our health care plan covers high-end imaging services (PET, CT, and MRI) only at UHealth facilities. **To schedule a high-end imaging appointment at one of the radiology facilities listed below, call 305-243-CARE (2273).**

For additional locations visit radiology.med.miami.edu/locations.

RADIOLOGY FACILITY	ADDRESS
Applebaum Diagnostic Imaging Center	1115 NW 14 Street, Miami, FL 33136
Bascom Palmer Eye Institute, Radiology Department	900 NW 17 Street, Miami, FL 33136
Sylvester Comprehensive Cancer Center	1475 NW 12 Avenue, Miami, FL 33136
The Lennar Foundation Medical Center	5555 Ponce de Leon, Boulevard, Coral Gables, FL 33146
UHealth Tower	1400 NW 12 Avenue, Miami, FL 33136
UMHC/Sylvester at Deerfield Beach	1192 E Newport Center Drive, Suite 100, Deerfield Beach, FL 33442
UMHC/Sylvester at Kendall	8932 SW 97 Avenue, Kendall, FL 33176
UHealth at Plantation	8100 SW 10 Street, Crossroads Business Park, Building 3, Plantation, FL 33324

MEDICAL PLAN	UHEALTH	AETNA NETWORK
Aetna Select 1	Deductible, then \$150 copay	Not covered
Aetna Select 2	Deductible, then \$150 copay	Not covered
Aetna HRA	Deductible, then \$100 copay	Not covered

EXCEPTIONS

You may be able to receive these services outside of UHealth if you need:

- Open or standing MRI
- Pediatric high-end imaging services (for children ages 13 and under)
- Imaging performed at the time of radiation therapy
- Imaging outside of Miami-Dade and Broward counties
- Emergency room/inpatient imaging

Contact Aetna at 1-800-824-6411 for more information about receiving imaging services outside of UHealth.

Retirement Plan

Your UHealth Total Rewards package includes a competitive retirement plan with generous UHealth contributions, but it's always a good idea to contribute money of your own as well. To help enhance your financial well-being, after one year of employment, UHealth makes a 2 percent core contribution and also matches what you contribute, dollar for dollar, up to 2 percent of your eligible pay.

START SAVING TODAY

To enroll:

1. Visit netbenefits.com/um
2. Click on "Register"
3. Follow the on-screen instructions
4. Once in the system, select "Enroll in Your Account"
5. Follow the steps to make your investment elections

To make changes to your voluntary contributions:

1. Visit netbenefits.com/um
2. Click on "Contribution Amount" from the Quick Links pull-down menu
3. Click "Contribution Amount" again
4. Change your desired election
5. Click "Change Contribution Amount" to confirm

Get help on demand.

Contact Fidelity at 1-800-642-7131

Contact TIAA-CREF at 1-800-842-2252

Meet with a Fidelity or TIAA-CREF representative.

Schedule an appointment at netbenefits.com/um. You can also call them directly at 1-800-642-7131 (Fidelity) or 1-800-842-2252 (TIAA-CREF).

UHEALTH CONTRIBUTION SCHEDULE

YEARS OF SERVICE	MATCHING CONTRIBUTION	CORE CONTRIBUTION	MAXIMUM TOTAL CONTRIBUTION
1-4	2%	2%	4%
5-9	3%	2%	5%
10+	4%	2%	6%

NOTE: Maximum total contribution is based on employee contribution of 2%.

WHAT ARE MY INVESTMENT OPTIONS?

Tier	Investor Profile	Fund Information	
<p>TIER ONE Fidelity Freedom Index Funds</p> <p>The funds in this tier are monitored by the University of Miami 403(b) Investments Committee</p>	<p>For the new investor, or someone who prefers their retirement planning to run on auto-pilot. You feel more comfortable choosing from a selection of ready-mix portfolios.</p> <p>Tier 1 funds are used as a default option for employees who do not make investment elections.</p>	<ul style="list-style-type: none"> • Fidelity Freedom Index Income Fund • Fidelity Freedom Index 2000 Fund • Fidelity Freedom Index 2005 Fund • Fidelity Freedom Index 2010 Fund • Fidelity Freedom Index 2015 Fund • Fidelity Freedom Index 2020 Fund <ul style="list-style-type: none"> • Fidelity Freedom Index 2025 Fund • Fidelity Freedom Index 2030 Fund • Fidelity Freedom Index 2035 Fund • Fidelity Freedom Index 2040 Fund • Fidelity Freedom Index 2045 Fund • Fidelity Freedom Index 2050 Fund 	
<p>TIER TWO Passive and Active Mutual Funds</p> <p>The funds in this tier are monitored by the University of Miami 403(b) Investments Committee</p>	<p>For the active investor, whether novice or expert, who wants to take the driver's seat when planning for retirement.</p>	<p>PASSIVE</p> <ul style="list-style-type: none"> • Vanguard Extended Market Index Fund Institutional Shares • Vanguard Institutional Index Fund Institutional Shares • Vanguard Total Bond Market Index Fund Institutional Shares • Vanguard Total International Stock Index Fund Institutional Shares 	<p>ACTIVE</p> <ul style="list-style-type: none"> • American Funds EuroPacific Growth Fund® Class R-6 • DFA U.S. Targeted Value Portfolio Institutional Class • Eagle Small Cap Growth Fund Class R6 • Fidelity Contrafund – Class K • John Hancock Funds Disciplined Value Fund Class R6 • Lord Abbett Short Duration Income Fund Class R6 • MassMutual Select Mid Cap Growth Equity Fund II Class I • Metropolitan West Total Return Bond Fund Plan Class • MFS Mid Cap Value Fund Class R6 • Templeton Institutional Fund International Equity Series Primary Shares • Vanguard Federal Money Market Fund Investor Shares
<p>TIER THREE TIAA-CREF Annuities</p> <p>The funds in this tier are monitored by the University of Miami 403(b) Investments Committee</p>	<p>For the investor, whether novice or expert, who wants to ensure lifetime income, or for those who currently invest with TIAA-CREF.</p>	<ul style="list-style-type: none"> • TIAA Traditional • CREF Stock • CREF Money Market • TIAA Real Estate 	
<p>TIER FOUR Fidelity BrokerageLink</p> <p>The funds in this tier are NOT monitored by the University of Miami 403(b) Investments Committee</p>	<p>For the savvy investor, who prefers a more hands-on approach to retirement planning. You have more extensive experience, and you are willing to take on the potential for more risk.</p>	<p>Fidelity BrokerageLink® lets you manage all or a portion of your account. You have access to more than 4,500 mutual funds.</p> <p>Employees who elect to invest in the self-directed brokerage window will need to complete the Fidelity BrokerageLink Participation Acknowledgement Form and submit to Fidelity. These funds will NOT be monitored by committee.</p>	

Stay healthy and well with Well 'Canes

We're committed to your wellness through Well 'Canes. This program extends beyond physical health to include psychological, communal, interpersonal, financial, and occupational wellness.



WELL 'CANES INCENTIVE PROGRAM

Learn about your personal health, improve your overall well-being, and earn up to \$300 per year. Start earning points by registering and participating in eligible wellness activities at miami.edu/wellcanes.

FACULTY AND STAFF ASSISTANCE PROGRAM

Provides confidential consultations to all UM faculty, staff, retirees, and their dependents. Sessions are conducted by Florida licensed mental health professionals who assess concerns, offer support, and recommend services that can be of help. Call 305-284-6604 or visit miami.edu/fsap.

NURSING MOTHERS' ROOMS

There are currently nine rooms dedicated for nursing mothers across the University. For more information visit miami.edu/wep.

HEALTHY 'CANES EMPLOYEE CLINICS

Conveniently located on the Coral Gables and Miller School of Medicine campuses, the Healthy 'Canes Employee Clinics offer free annual physicals, well woman exams, select immunizations, and convenient access to UHealth medical services for the treatment of minor illnesses. See page 36 for details.

WELLNESS CENTERS

The Patti and Allan Herbert Wellness Center, located on the Coral Gables campus, and the UHealth Fitness and Wellness Center, located at the Miller School of Medicine, are designed to offer the finest in recreational sports, fitness, and wellness education programs. UM/Aetna members can save 20 percent through SHAPE UP. miami.edu/wellness

WEIGHT WATCHERS AT WORK

This benefit provides first-time attendees with 100 percent reimbursement and continuing participants with 50 percent reimbursement for complete attendance. Details are announced in Life@TheU throughout the year, and can also be found online at hr.miami.edu under Benefits and Wellness.

DOLPHINS CANCER CHALLENGE (DCC)

DCC is a way all of us can be cancer fighters! 100 percent of participant-raised funds goes to innovative cancer research at Sylvester Comprehensive Cancer Center. The DCC is a family-friendly team event with the option to run, walk, cycle, or even ride virtually, so there's something for all members of the 'Canes family.

BE SMOKE FREE

Free UM-AHEC Quit Smoking Now classes at both on-campus wellness centers. To learn more about this program, visit miami.edu/besmokefree or call 305-243-7606.

Financial security benefits

PROVIDED AT NO COST TO YOU

Life Insurance

Full-time employees regularly working a minimum of 30 hours per week are provided with basic coverage at no cost equal to one times base annual earnings, up to \$700,000. Coverage begins upon employment.

Accidental Death & Dismemberment (AD&D)

Full-time employees regularly working a minimum of 30 hours per week are provided with basic coverage at no cost equal to one times base annual earnings, up to \$700,000. Coverage begins upon employment.

VOLUNTARY BENEFITS

Voluntary Excess Life Insurance

Coverage equaling one to six times your base salary, rounded to the nearest \$1,000, to a maximum of \$1,500,000. For guaranteed coverage, you must enroll within 30 days of your start date. The insurer guarantees coverage of the lesser of three times your base annual salary or \$1,000,000 without medical evidence of insurability. Medical evidence of insurability required for anyone enrolling after 30 days from their start date. Limited coverage available for spouse and children.

Voluntary Accidental Death and Dismemberment Insurance

Equaling one to six times your base salary, rounded to the nearest \$1,000, to a maximum of \$1,500,000. Limited coverage available for spouse and children.

Long-Term Care

Financial resources to receive care at home or in a facility. Available in two plans and five levels of daily benefits ranging from \$70 to \$200 per day. Coverage available for you, your spouse, and you or your spouse's parents and grandparents with evidence of insurability. Guaranteed coverage for all benefit levels is available only for you within the first 30 days of employment.

Additional protection

Short-Term Disability

Coverage replaces 60 percent or 66 2/3 percent of participant's base salary, up to a maximum of \$5,000 per week, if they are unable to work due to an injury, illness, or maternity. Participant must enroll within 15 days from date of hire or during Open Enrollment.

Long-Term Disability

Full-time employees working a minimum of 30 hours per week are eligible. Option 1 - provides 50 percent of base monthly income to a maximum of \$10,000. Option 2 - provides 60 percent of base monthly income to a maximum of \$10,000. The maximum benefit period is to age 65. Employees can elect coverage without medical underwriting.

Metlaw Legal Plan

Covers telephonic and office consultations with legal counsel for a variety of issues, representation, document preparation and more. The biweekly \$7.27 premium covers employee, spouse, and dependent children. Visit benefits.miami.edu for more information and enroll in Workday.

Just for You

TUITION BENEFITS

The tuition benefits are designed to encourage employee and family participation in higher education and supports the UHealth's overall interest in the personal and professional development of faculty and staff.

Dependents (child or spouse) who are hired at the University as a benefits-eligible employee will be entitled only to the employee tuition benefit.

Employee Tuition Reimbursement

Employees receive funding for undergraduate programs for additional, formal job-related education at any accredited college or university.

Benefit

Up to \$4,000 per year for undergraduate programs

Dependent Tuition Remission

Spouses and eligible unmarried dependent children can take advantage of 50 percent tuition remission at the University of Miami after you've completed 2 years employment. Benefit increases to 100% after 11 years of employment.

For detailed information, visit benefits.miami.edu.

RECOGNITION

UHealth recognizes staff who celebrate service milestones and those who have proudly retired from the University.

The Long Service Award Program provides special recognition to faculty and staff for their years of service to the University. More than 800 employees who have reached a service milestone are honored each year and recognized with a certificate and a gift based on milestone year. Service levels are recognized in 5-year increments, starting with 10 years of service.

The Retirement Recognition Award recognizes faculty and staff for their retirement from the University of Miami with a gift to mark the University's appreciation for their service and special contributions. Visit hr.miami.edu and select Working at the U for more information.

PROFESSIONAL DEVELOPMENT

UHealth employees are encouraged to learn, inspire others, and grow professionally through the various development opportunities provided by Talent and Organizational Development.

Learn through the redesigned ULearn experience, featuring an expanded catalog with access to more than 2,000 online courses that will help you advance your career at the U.

Inspire others by volunteering as a U Facilitator or Engagement Champion. As a U Facilitator, you will have the opportunity to impact our workforce from day one by showing new employees why it's great to be a Miami Hurricane during I Am the U, the University's employee orientation program. As an Engagement Champion, you will help leaders understand their area's engagement survey results and work with them to create action plans that strengthen their teams.

Grow as a leader by attending Essentials of Leadership (EOL). EOL provides a blend of four interactive modules that include leadership discussions, individual assessments, experiential learning activities, and coaching.

For more information, contact Talent and Organizational Development at TOD@miami.edu or 305-243-3090.

EMPLOYEE DISCOUNT PROGRAM

As a UHealth employee, you are eligible to receive discounts on a number of products and services, including:

- Apple
- Bank of America
- Bascom Palmer Aesthetic Center
- Cosford Cinema
- Dell
- Expedia Cruise Ship Centers
- FTD
- Lowe Art Museum
- Miami-Dade Transit
- Pearle Vision
- Ring Theatre
- Tickets at Work
- Tri-Rail
- UHealth Department of Dermatology and Cutaneous Surgery
- UHealth Division of Plastic Surgery
- University of Miami Wellness Centers
- University of Miami—Miami Hurricanes Sports

Visit benefits.miami.edu for a complete list.

Need Immediate Health Care?

HEALTHY 'CANES EMPLOYEE CLINICS

This Well 'Canes benefits for faculty and staff offers free on-campus annual physicals, select immunizations, and convenient access to UHealth medical services for the treatment of minor illnesses.

- No appointment necessary
- Free flu and shingles vaccines
- Free annual physicals and free well-woman exams available on select days
- \$5 visit fee (waived for immunizations and annual physicals)
- Staffed by UHealth APRNs
- Visit healthycanesclinic.com

UHEALTH CLINICS AT WALGREENS UNIVERSITY OF MIAMI HEALTH SYSTEM at Walgreens

- If you have a minor medical issue off campus, consider using a UHealth Clinic at Walgreens
- No appointment necessary, but may be scheduled online
- Staffed by UHealth APRNs
- \$5 clinic fee per visit
- 15 locations across South Florida
- Visit umiamihealth.org/patients-visitors/walgreens-clinics

UHEALTH JACKSON URGENT CARE CENTERS

- If you're sick, have a minor injury, or need a sports physical, don't wait for a doctor appointment or spend the day in the emergency room
- No appointment necessary
- Staffed by a board-certified doctor from UHealth
- Visit jacksonurgentcare.com



Important Contacts

Total Rewards, your pay and benefits team: 305-284-3004 • miami.edu/benefits/ask

Aetna: 1-800-824-6411 • aetna.com

Carisk Behavioral Health: 1-800-294-8642 • cariskpartners.com

Cigna: 1-800-CIGNA24 (244-6224) • cigna.com/dental

Delta Dental: 1-800-521-2651 • deltadental.com

Faculty and Staff Assistance Program (FSAP): 305-284-6604 • fsap.miami.edu

Fidelity Investments: 1-800-642-7131 • netbenefits.com/UM

Healthy 'Canes Employee Clinic: Gables - 305-284-9355 • Medical - 305-243-9355 • healthycanesclinic.com

MetLaw: 1-800-821-640 • legalplans.com

OptumRx: 1-855-438-4509 • optumrx.com

TIAA-CREF: 1-888-488-3420 • tiaa-cref.org/UofMiami

UHealth Connect (employee appointment line): 305-243-CARE (2273) • UHealthSystem.com

UHealth Office of Patient Advocacy: 305-243-HELP (4357) • officeofpatientadvocacy@med.miami.edu

UHealth Patient Financial Services: 305-243-2900 • umiamihealth.org/billing

UHealth at Walgreens: umiamihealth.org/patients-visitors/walgreens-clinics

WageWorks: 1-877-924-3967 • wageworks.com

Well 'Canes: 305-284-3004 • miami.edu/wellcanes

Wellness Centers: Gables - 305-284-8500 • Medical - 305-243-7600 • miami.edu/wellness

Workday Helpdesk: Gables - 305-284-6565 • Medical - 305-243-5999 • miami.edu/workday-hr



Connect and Share @lifeattheU, @umiamihealth, @umiamimedcine