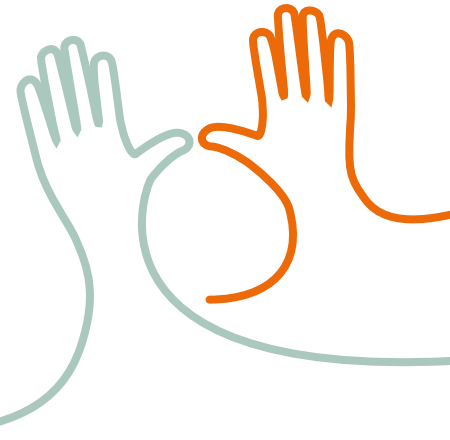


Meet your

NEW EMPLOYEE ASSISTANCE NAVIGATOR

Your Partner in Resources, Support, & Well-Being



What is an Employee Assistance Navigator?

The Employee Assistance Navigator is a dedicated professional committed to supporting faculty and staff in navigating workplace resources and assistance programs with clarity and care.

Whether you have questions, need guidance, or are facing a personal or workplace challenge – you don't have to navigate it alone.

Confidential & Supportive

All conversations are handled with professionalism, discretion, and respect. Our goal is to create a safe, supportive space for employees to seek help and guidance.

How We Support You

Personalized Case Support

- Confidential one-on-one conversations
- Navigation and referrals to both internal and external resources
- Provide guidance on who to contact for leave, benefits, etc.
- Follow up to ensure you receive the support you need

Wellness & Education

- Informational sessions on available internal and external resources and support services
- Tools to promote employee well-being
- Outreach initiatives to increase awareness of available resources

You don't have to figure it out alone. We're here to help.



Have Questions?
Need Support?
Connect With Your
Employee Assistance
Navigator

Service Request Form

Phone Number:

305-243-6203

Email:

cxe476@miami.edu

