

Welcome to the University of Miami. You have joined a diverse community that works together every day to support each other.

Your UM experience will include countless opportunities to contribute to the U in many different ways. Here you will learn more about the many things the University has to offer.



PREDOCTORAL SCHOLAR BENEFITS

WE TAKE CARE OF YOUR HEALTH AND WELL-BEING WITH PREVENTIVE CARE

You are eligible for the University of Miami’s Limited Preventive Care Medical Plan from UnitedHealthcare. [Learn more.](#)

- You may enroll yourself and your eligible dependents in the limited preventive plan on your date of hire, during Open Enrollment, or if you experience a life event during the year.
- The limited plan covers preventive care only. Preventive care includes services like annual physicals, well woman exams, mammograms, and colonoscopies. If you receive a preventive care service in the United Healthcare network, you'll pay \$0 for that service.
- This limited plan covers certain preventive prescription drugs specified in the [health care reform law](#) without cost-sharing. Members also receive an Optum Perks™ pharmacy discount card that can help save on most FDA-approved medications.
- The plan does not cover expenses when sick. Expenses for sick visits including outpatient surgeries, hospitalizations, and visits to the doctor for anything other than preventive care are not covered.

| Monthly Plan Premiums | 2026     |
|-----------------------|----------|
| Employee Only         | \$71.28  |
| Employee + Child      | \$128.82 |
| Employee + Children   | \$128.82 |
| Employee + Spouse     | \$172.15 |
| Employee + Family     | \$236.80 |

WE GIVE YOU CONVENIENCE WITH UHEALTH CONNECT

UHealth Connect, our centralized appointment center, allows you to easily schedule appointments with any of our 1,000 UHealth physicians. Call 305-243-CARE (2273), weekdays from 7:30 a.m. to 6 p.m., EST.

WE HELP YOU BUILD A BETTER FUTURE WITH RETIREMENT CONTRIBUTIONS

It’s never too early or too late to start saving for retirement. You’re eligible to begin making your own pre-tax or post-tax Roth contributions into your retirement. Contact a retirement representative at Fidelity (1-800-642-7131) or TIAA-CREF (1-800-842-2252) or learn more at [UMRetirement.com](#).

WE ADVANCE YOUR CAREER WITH PROFESSIONAL DEVELOPMENT

Grow professionally and personally with unlimited, complimentary access to online courses through LinkedIn Learning, University learning opportunities at [ULearn.miami.edu](#) and wellness seminars hosted by the [Faculty and Staff Assistance Program](#).

WE GIVE YOU PERKS, RESOURCES, AND MORE

- Like savings?**

You are eligible to receive discounts on a number of goods and services through our [Employee Discount Program](#).
- Want to make friends?**

Join an [Employee Resource Group](#), voluntary, employee-led groups that serve as a resource to members by fostering an inclusive and diverse workplace. Groups include employees with disabilities, LGBTQ, veterans, women, and more.
- Are you a new mother?**

We want to make your transition back to work as easy as possible with 12 nursing mother’s rooms. [Learn more.](#)

WANT MORE INFORMATION OR HAVE QUESTIONS?  
[benefits.miami.edu](#) | [miami.edu/benefits/ask](#) | 305-284-3004

*This benefits summary applies to University & UHealth predoctoral scholars.*

